



FAQ: Transitioning from Lessons or Fitness into USA Swimming with WLOO!

What does it mean to move up to USA Swimming?

Congratulations in taking the next step into competitive swimming. Your swimmer has opened the door to our sport - swimming - and is a part of America's Swim Team. Once on the swim team, your swimmer may choose to participate in monthly swim meets. Your swimmer will continue to develop their stroke techniques, racing strategies and finer points of swimming.

What will the transition from Lessons to USAS look like for my child?

Your swimmer will continue to develop their stroke techniques, racing strategies and finer points of swimming. Having graduated through the Intermediate Level, your swimmer has some experience with knowing how to read the clock, flip turns, and simple drills. This is a big move. Your child's new coaches will help them to develop into competitive swimmers.

What will the transition from Fitness to USAS look like for my child?

Your swimmer will continue to develop their stroke techniques, racing strategies and finer points of swimming. Having been in Waterloo's Fitness program, your swimmer has some experience with swim practices. Moving onto the swim team, your swimmer is taking the next step in athleticism.

Will we be able to be at the same practice time?

Waterloo will work very hard to keep your child at the same practice time. However, we are limited to lane space and the number of swimmers per lane. You may be asked to choose a different time while we put your child on the waitlist for their preferred practice time. If it absolutely won't work for you, you do have the option to stay in the program in which you are currently enrolled.

What will the new practice schedule look like?

- **Bronze 1** practices Monday - Friday for forty-five minutes.
- **Bronze 2** practices Monday - Friday for one hour as well as Saturdays for one hour.
- **Silver 1** practices Monday - Friday for one hour as well as Saturdays for an hour fifteen.
- **JV** practices Monday - Friday for forty-five minutes as well as Saturdays for one hour.

How often should my child attend?

Attendance varies from group to group. Bronze 2 and JV goal is 50% and Silver 1 goal is 75% attendance. Talk to your Coach for any concerns. We do recommend consistency in attending practices as that will help your swimmer to become faster and more proficient.

What is the cost difference?

The tuition for Bronze 1 is \$140 per month and Bronze 2 is \$160 per month. JV tuition is \$170. Silver 1 tuition is \$180. There is an annual swimmer registration fee of \$40 plus annual USA Swimming registration fee of \$84. There is also a \$150 SWAG Bag fee for team shirt, caps, etc. These registration fees are collected when joining the team and every September thereafter. These registration fees are not prorated.

How are Meet Fees Calculated?

- As you register for events for swim meets, there are associated charges, whether or not your child actually swims in the meet. You are responsible for all meet entries.
- **Meet Fees = (Meet Entry Fee + \$2 WLOO Entry Fee) x Events Registered + Coach Travel Fee**
- **Meet Entry Fees:** This is the base price for an event charged by the host pool.
- **WLOO Entry Fees:** There is an additional \$2 per entry to assist covering administrative costs associated with the meet.
- **Coach Travel Fees:** For swim meets in town, there is an additional \$10 per swimmer fee to help cover coaches' expenses. The fee for out of town meets is \$20 per swimmer.
- Swimmers participating in a relay will be charged 0.25 of the relay fee.

What do I need to do?

- Complete the USAS Registration Form and bring us a copy of your child's birth certificate or passport. <https://www.teamunify.com/szstxlsc/UserFiles/File/2018-Application-Y-R-Athlete.pdf>
- Register your swimmer on Team Unify:
<https://www.teamunify.com/Home.jsp?tabid=0&team=stws>
- When it comes time to enter the swim meet, you will receive a notification via email to accept or decline attendance. If you need help in how to do this, please see us at the front desk at Waterloo or contact your swimmer's coach via email.

What is Team Unify?

This is the software that the team uses for registering for swim meets and storing your child's swim times. Annual USA Swimming registration happens in this tool as well. Emails will come from this tool notifying you of swim meets and deadlines for entering the meets.

Once in the tool, you will declare that you want your swimmer to compete in a meet and get to select events to race in. Please see your swimmer's coach if you have any questions on which events to enter at a swim meet.

How do I communicate with my swimmer's coach?

The coaches are quite busy on deck during workouts, so it is best to communicate with them via email. If you have an urgent need, please see someone at the front desk so that we can help. Here is a link to the page with all of the instructors' email addresses: <https://waterlooswimming.com/about-us/coaches-instructors/>